

ECE and Infant Toddler Credential Training Options

Better Kid Care Penn State Extension

<https://extension.psu.edu/programs/betterkidcare/lessons>

Most trainings cost \$5 and will appear on your Gateways Professional Development Record.

Note: A training can only be used once toward Credential eligibility.

ECE Credential

ECE Content Area

Training

Human Growth and Development (HGD)

Each training is 2 hours. Complete 4 trainings (8 clock hours) to meet a bundle.

Addressing ACEs with Brain-based Approaches in Trauma-informed Care Child Development: An Introduction to Learning Theories Dual Language Learners: Strategies for Successful Opportunities in ECE Foundations of Child Development for Family Child Care Providers Foundations of Child Development for Child Care Center Teachers	} OR	I-LABS – Why the First 2000 Days Matter Preschool Foundations: Understand Physical and Cognitive Development See as a Child, Feel as a Child Three Core Concepts in Early Brain Development Toilet Skill Development: Support Children’s Learning
-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Health, Safety, and Well-Being (HSW)

Each training is 2 hours. Complete 4 trainings (8 clock hours) to meet a bundle.

A Good Night’s Sleep: How Sleep Affects Health Children Can Cook! Children’s Healthy Development in a Changing Climate Cooking Matters — Choose Healthy Foods for Kids Cooking Matters — Safe Cooking with Confidence Cooking Matters — Create Positive Mealtime Attitudes Cooking Matters — Save Time and Money on Menu Planning Cooking Matters — Meal Appeal and Parent Engagement Dealing with Bed Bugs in Child Care Environments Diabetes Awareness and Management for Young Children EAT Family Style Module 1: Role Modeling Healthy Eating EAT Family Style Module 2: Peer Modeling Healthy Eating EAT Family Style Module 3: Sensory Exploration of Foods EAT Family Style Module 4: Self-Regulation in Eating EAT Family Style Module 5: Children Serve Themselves EAT Family Style Module 6: Praise and Rewards EAT Family Style Module 7: Family Engagement Effective Practices to Promote Healthy Eating in ECE Family Child Care: Advancing Healthy Practices for a Healthy Future Food Safety in Child Care: From Prep to Cleanup Healthy and Hunger Free Children: Resources for Families Healthy Child Care Environments: Pest Prevention Using IPM	Healthy Child Care Environments: Pest Treatment Using IPM Healthy Kids, Healthy Future: An Introduction Healthy Kids, Healthy Future: Provide Healthy Beverages Healthy Kids, Healthy Future: Reduce Screen Time Healthy Kids, Healthy Future: Get Kids Moving Healthy Kids, Healthy Future: Nurture Healthy Eaters Keep Children Healthy and Safe: Reuse & Recycle Keep Children Healthy and Safe: Air Quality Keep Children Healthy and Safe: Toxins Oral Health for Young Children: Promote Healthy Habits in Child Care Peer Allies for Children and Youth with Diabetes Picky Eaters: A Guide to Responsive Feeding Prioritizing Educator Well-being Through COVID and Beyond Snack Time = Learning Time Supervising Children in Family Child Care Supporting Families in Healthy Living Supporting the Child Vaccination Decision Process Taking Steps to Healthy Success: An Introduction Taking Steps to Healthy Success: Healthy Eating The Ups and Downs of Outdoor Play Your #1 Priority: Keeping Children Healthy and Safety
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

ECE Credential

ECE Content Area

Training

Observation and Assessment (OA)

Each training is 2 hours unless otherwise noted. Complete 8 clock hours to meet a bundle.

Child Assessment: An Introduction
Improving and Using Your Observation Skills
Nature Sketching Builds Strong Observation Skills
Observation: An Introduction
Observation: Discover and Strengthen Connections
Observation: Methods and Strategies
Observation with Purpose: Attachment and Teacher-Child Relationships (3 hours)
Observation with Purpose: Curriculum and Learning (3 hours)
Observation with Purpose: Focused on Equity
Observation with Purpose: Language and Literacy
Observation with Purpose: Observation and Assessment (3 hours)
Observation with Purpose: Professional Collaborations (3 hours)
Preschool Foundations: Observe, Document, and Assess

Curriculum or Program Design (CPD)

Each training is 2 hours. Complete 4 trainings (8 clock hours) to meet a bundle.

Achieving 21st Century Skills Through Project-Based Learning
Active Play for Preschoolers with Autism—WE PLAY
Beyond Counting: Strategies to Support Preschool Math Development
Curriculum Development: An Introduction
Developmentally Appropriate Practice (DAP): An Introduction
Easy Ways to Boost Children's Brain Power
Emergent Literacy: Supporting Children's Development
Exciting Backyard Science Activities
Executive Function Skills: Foster with Play
Family Child Care: Engaging Experiences for Mixed Abilities
Family Child Care: Maximizing Block Play in the Home Setting
Family Child Care: Mixed Ages
Family Child Care: Overcoming Barriers to Lead Fun Physical Activities
Family Child Care: Support Preschoolers
Family Child Care: Welcome Wonder Through Inquiry-Based Strategies
Find Fun and Meet Standards in Emergent Curriculum
Finding Wonder in Found Objects: An Inquiry-Rich Approach to Learning
Fresh Harvest: Children Grow in the Garden
Get Outdoors. Explore.
How to Work with Active Children
I Am Moving, I Am Learning – Active Play Every Day!
I Am Moving, I Am Learning – Take It Outside!
Music for the Non-musical
Physical Activities for Young Children: Lead with Confidence
STEAM for the Preschool Programming Engine
Take a New Look at Dramatic Play
Using Art Materials
Working with Wood – Children Can Do It!

Interactions, Relationships, and Environments (IRE)

Each training is 2 hours unless otherwise noted. Complete 8 clock hours to meet a bundle.

Building Relationships with Children and Youth Who Challenge Us
Changing Spaces
Communicate Effectively With Children
Death, Loss, and Grief: Understanding How to Support Children
Every Child Counts: Building Community
Fostering Community through Restorative Practices
Interactions Matter: Positive Teacher-Child Interaction Strategies
Mindful Practice for ECE Professionals: Begin the Journey
Move Beyond Time-Out to Responsive Caregiving
Observation with Purpose: Environmental Quality (3 hours)
Plan for Learning: Create Child-Centered Schedules and Activity Plans
Preschool Foundations: Environments and Routines that Work!
Preschool Foundations: Nurture Interactions and Guide Behavior
Preschoolers' Emotional Development: Feelings and Managing Emotions
Problem-Solving Approaches to Use Everyday
Rock Solid: Enhancing Emotional Literacy: Three – Five Years
Social-Emotional Learning and a Positive Classroom
The Art and Science of Playing with Young Children
The Ins and Outs of Good Circle Times
Transition Plans, Practices, and Approaches: Pathways to Success

Family and Community Relationships (FCR)

Each training is 2 hours. Complete 4 trainings (8 clock hours) to meet a bundle.

Building Community Support for Out-of-School Time Programs
Community-Based Services: Connect Families
Creating Intergenerational Connections
Develop an Intergenerational Program
Engage Families and Build Relationships
Family Child Care: A Unique Role In Supporting Family Engagement
Foster and Adoptive Families: Supportive Strategies
Get Parents and Families Involved in Your Program
Help Parents and Families be Advocates for Children with Disabilities
Infant-Toddler Care: Partnerships with Families
Keeping Families Engaged Through the School-Age Years
Preschool Foundations: Effective Partnerships with Families
Reflect and Respect Children's Military-Connected Identity
Reintegration: When a Deployed Parent Comes Home
Understanding Poverty: Strategies for Family Engagement

ECE Credential

ECE Content Area

Training

Personal and Professional Development (PPD)

Each training is 2 hours unless otherwise noted. Complete 8 clock hours to meet a bundle.

CDA Credential: An Introduction and Professional Reflection
 Ethics: A Guide for Professional Behavior
 Expand Learning with Mixed-Age Groups
 Family Child Care: Get Started
 Inclusion: Exploring the Meaning and the Mindset
 Nourish Yourself, Create Healthy Futures: Your Journey to Wellness (4 hours)

Resilient Caregivers: 'Bouncing Back' from Stress
 School Readiness: Lay the Foundation in the Early Years
 See as a Child, Feel as a Child
 Self-care for ECE Professionals Who Care for Children Impacted by ACEs
 Stress: Seeing With Optimism

Infant Toddler Credential

ITC Content Area

Training

Human Growth and Development (HGD)

Each training is 2 hours. Complete all 4 trainings (8 clock hours) to meet this bundle.

Early Intervention and the ECE Professionals
 Infant-Toddler Care: Language and Literacy

Infant-Toddler Care: Learn to Move, Move to Learn
 Understanding Toddlers

Health, Safety, and Well-Being (HSW)

Each training is 2 hours. Complete 4 trainings (8 clock hours) to meet a bundle.

Healthy Kids, Healthy Future: Support Breastfeeding
 Infant-Toddler Care: Safety
 Infant-Toddler Care: Healthy Spaces

Reduce the Risk of SUID Through Safe Sleep
 Supporting Safe Self-Feeding with Young Toddlers
 Taking Steps to Healthy Success: Breastfeeding Support

Interactions, Relationships, and Environments (IRE)

Complete 4 trainings (8 clock hours) to meet a bundle.

Biting Behavior and Positive Guidance
 Creating Special Moments with Infants and Toddlers
 Early Intervention: Support Infants and Toddlers
 Family Child Care: Support Infants and Toddlers
 Infant-Toddler Care: Daily Routines
 Infant-Toddler Care: Emotional and Social Development

Infant-Toddler Care: Guiding Behavior
 Infant-Toddler Care: Sensitive, Nurturing Professionals Needed
 Family Child Care: Best Infant Care Practices in a Mixed-Age Setting
 Rock Solid: Building Positive Relationships, Birth - 3 years, Part 1
 Rock Solid: Building Positive Relationships, Birth - 3 years, Part 2
 Rock Solid: Enhancing Emotional Literacy, Birth - Age Three