

ECE and Infant Toddler Credential Training Options

Better Kid Care Penn State Extension

<https://extension.psu.edu/programs/betterkidcare/lessons>

Each training costs \$5 and will appear on your Gateways Professional Development Record.

Note: A training can only be used once toward Credential eligibility.

ECE Credential

ECE Content Area	Training
Human Growth and Development (HGD)	<p>Each training in this section is 2 hours. *All four trainings must be completed to earn .5 point in HGD.</p> <p>Foundations of Child Development for Family Child Care Providers } Foundations of Child Development for Child Care Center Teachers } OR I-LABS – Why the First 2000 Days Matter</p> <p>Three Core Concepts in Early Brain Development Understanding Toddlers</p>
Health, Safety, and Well-Being (HSW)	<p>Each training in this section is 2 hours. *A minimum of 8 hours of training must be completed to earn .5 point in HSW. *A minimum of 15 hours of training must be completed to earn 1 point in HSW.</p> <p>A Good Night’s Sleep: How Sleep Affects Health Childhood Obesity Prevention: LMCC – Offer Healthy Beverages Childhood Obesity Prevention: LMCC – Serve Healthy Food Childhood Obesity Prevention: LMCC – Limit Screen Time Childhood Obesity Prevention: LMCC – Increase Physical Activity Childhood Obesity Prevention: LMCC – Support Infant Feeding Childhood Obesity Prevention: Let’s Move! Child Care Introduction Cooking Matter for Child Care Professionals: Basics Dealing with Bed Bugs in Child Care Environments Developing an Emergency Preparedness Plan Family Child Care: Advancing Healthy Practices for a Healthy Future Food Allergies: Management and Prevention Food Safety in Child Care: From Prep to Cleanup Go Healthy!: It All Begins With You Health & Safety Basics: Requirements for Clarification Healthy and Hunger Free Children: Resources for Families</p> <p>Healthy Child Care Environments: Pest Prevention Using IPM Healthy Child Care Environments: Pest Treatment Using IPM Healthy Child Care Environments: Using Green Cleaners Infant-Toddler Care: Healthy Spaces Infant-Toddler Care: Safety Keep Children Healthy and Safe: Reuse & Recycle Keep Children Healthy and Safe: Air Quality Keep Children Healthy and Safe: Toxins Keeping Children Safe on Playgrounds Oral Health for Young Children: Promote Healthy Habits in Child Care Picky Eaters: A Guide to Responsive Feeding Smart from the Start: Teacher Training for Pre-K Wellness Curriculum Snack Time = Learning Time Supervising Children in Family Child Care Taking Steps to Healthy Success: Healthy Eating Your #1 Priority: Keeping Children Healthy and Safe</p>
Observation and Assessment (OA)	<p>Each training in this section is 2 hours. *At least four of these trainings must be completed to earn .5 point in OA.</p> <p>Child Assessment: An Introduction Improving and Using Your Observation Skills Observation: An Introduction</p> <p>Observation: Discover and Strengthen Connections Observation: Methods and Strategies Preschool Foundations: Observe, Document, and Assess</p>

ECE Credential

ECE Content Area

Training

Curriculum or Program Design (CPD)

Each training in this section is 2 hours.

**A minimum of 8 hours of training must be completed to earn .5 point in CPD.*

**A minimum of 15 hours of training must be completed to earn 1 point in CPD.*

Achieving 21st Century Skills Through Project-Based Learning
Activities for Learning Math: Numbers, Colors, and Shapes
Art Appreciation 101 for Young Children
Becoming a 21st Century Skills Program
Beyond Counting: Strategies to Support Preschool Math Development
Child Development: An Introduction to Learning Theories
Children Can Cook
Curriculum Development: An Introduction
Developmentally Appropriate Practice (DAP): An Introduction
Easy Ways to Boost Children's Brain Power
Emergent Literacy: Supporting Children's Development
Exciting Backyard Science Activities
Executive Function Skills: Foster with Play
Family Child Care: Engaging Experiences for Mixed Abilities
Family Child Care: Maximizing Block Play in the Home Setting

Family Child Care: Mixed Ages
Family Child Care: Overcoming Barriers to Lead Fun Physical Activities
Family Child Care: Welcome Wonder Through Inquiry-Based Strategies
Fresh Harvest: Children Grow in the Garden
Get Outdoors. Explore.
I Am Moving, I Am Learning – Active Play Every Day!
Infant-Toddler Care: Language and Literacy
Infant-Toddler Care: Learning through Play
Math for Every Age
Music for the Non-musical
Physical Activities for Young Children: Lead with Confidence
STEAM for the Preschool Programming Engine
Using Art Materials
Water Conservation: Children and Staff Learning Together

Interactions, Relationships, and Environments (IRE)

Each training in this section is 2 hours.

**A minimum of 8 hours of training must be completed to earn .5 point in IRE.*

**A minimum of 15 hours of training must be completed to earn 1 point in IRE.*

Building Relationships with Children and Youth Who Challenge Us
Changing Spaces
Communicating with Children
Creating Special Moments with Infants and Toddlers
Death, Loss, and Grief: Understanding How to Support Children
Every Child Counts: Building Community
Guiding Behavior: Responding to Biting and Teaching Sharing
Improving Transition Times
Infant-Toddler Care: Daily Routines
Infant-Toddler Care: Guiding Behavior
Infant-Toddler Care: Sensitive, Nurturing Professionals Needed
Interactions Matter: Positive Teacher-Child Interaction Strategies
Mindful Practice for ECE Professionals: Begin the Journey Preschool

Foundations: Environments and Routines that Work!
Preschool Foundations: Nurture Interactions and Guide Behavior
Preschoolers' Emotional Development: Feelings and Managing Emotions
Problem Solving with Children
Rock Solid: Building Positive Relationships, Birth – 3 years, Part 1
Rock Solid: Building Positive Relationships, Birth – 3 years, Part 2
Rock Solid: Enhancing Emotional Literacy: Birth – Age Three
Rock Solid: Enhancing Emotional Literacy: Three – Five Years
The Art and Science of Playing with Young Children
The Ins and Outs of Good Circle Times
Transition Plans, Practices, and Approaches: Pathways to Success
When is Behavior OK or Not OK?

Family and Community Relationships (FCR)

Each training in this section is 2 hours.

**A minimum of 8 hours of training must be completed to earn .5 point in FCR.*

**A minimum of 15 hours of training must be completed to earn 1 point in FCR.*

Building Community Support for Out-of-School Time Programs
Community-Based Services: Connect Families
Creating Intergenerational Connections
Develop an Intergenerational Program
Engage Families and Build Relationships
Family Child Care: A Unique Role In Supporting Family Engagement
Get Parents and Families Involved in Your Program

Grandparents Raising Grandchildren
Infant-Toddler Care: Partnerships with Families
Keeping Families Engaged Through the School-Age Years
Preschool Foundations: Effective Partnerships with Families
Reflect and Respect Children's Military-Connected Identity
Supporting Families in Healthy Living
Understanding Poverty: Strategies for Family Engagement

ECE Credential

ECE Content Area

Training

Personal and Professional Development (PPD)

Each training in this section is 2 hours.

**A minimum of 8 hours of training must be completed to earn .5 point in PPD.*

**A minimum of 15 hours of training must be completed to earn 1 point in PPD.*

CDA Credential: An Introduction and Professional Reflection
 Early Intervention (EI): An Introduction
 Early Intervention: Support Infants and Toddlers
 Ethics: A Guide for Professional Behavior

Expand Learning with Mixed-Age Groups
 Inclusion: Exploring the Meaning and the Mindset
 School Readiness: Lay the Foundation in the Early Years
 See as a Child, Feel as a Child

Credential Multicultural/ Multilingual Bundle (6 Hours)

Each training in this section is 2 hours.

**At least three of these trainings must be completed to meet the Multicultural/Multilingual requirement for the renewal of Gateways Credentials.*

Cultural Understanding: Building Solid Foundations
 Dual Language Learners: Strategies for Successful Opportunities in ECE
 Family Child Care: CLAD Cultural, Linguistic, Ability Diversity

Family Child Care: Ethnic Foods Exploration

Infant Toddler Credential

ITC Content Area

Training

Curriculum or Program Design (CPD)

Each training in this section is 2 hours.

**All four trainings must be completed to earn .5 point in CPD.*

Infant-Toddler Care: Emotional and Social Development
 Infant-Toddler Care: Language and Literacy

Infant-Toddler Care: Learning through Play
 Infant-Toddler Care: Physical and Cognitive Development

Interactions, Relationships, and Environments (IRE)

Each training in this section is 2 hours.

**A minimum of 8 hours of training must be completed to earn .5 point in IRE.*

Creating Special Moments with Infants and Toddlers
 Infant-Toddler Care: Daily Routines
 Infant-Toddler Care: Guiding Behavior
 Infant-Toddler Care: Sensitive, Nurturing Professionals Needed
 Rock Solid: Building Positive Relationships, Birth - 3 years, Part 1

Rock Solid: Building Positive Relationships, Birth - 3 years, Part 2
 Rock Solid: Enhancing Emotional Literacy, Birth - Age Three
 Infant-Toddler Care: Safety
 Understanding Toddlers

Infant Mental Health Bundle (IMH) (8 Hours)

Each training in this section is 2 hours.

**All four trainings must be completed to meet the IMH requirement for the renewal of an ITC.*

Infant-Toddler Care: Emotional and Social Development
 Rock Solid: Building Positive Relationships, Birth - 3 years, Part 1

Rock Solid: Building Positive Relationships, Birth - 3 years, Part 2
 Rock Solid: Enhancing Emotional Literacy, Birth - Age Three