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1

General information on infant and child development

2

Critical milestones for caregivers to monitor

3

Helpful strategies that support not only feeding but enrich the overall well-being of each and every child

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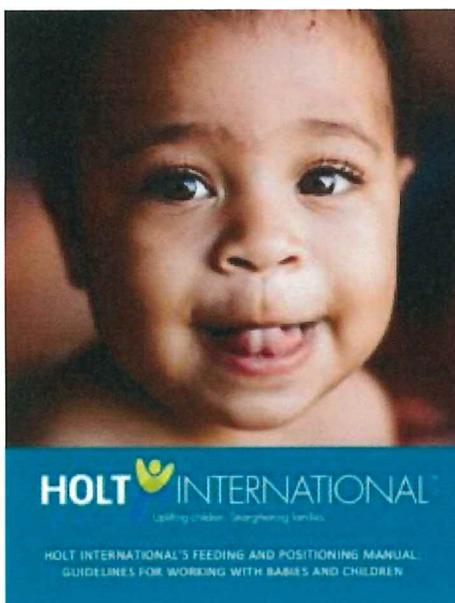
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information in this manual may be of interest to other health care workers, family members of children and community members. Depending on the needs of the individual, some may benefit from reading an entire chapter or section, or some may find it useful to refer to only certain handouts, illustrations, charts or activities.

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Chapter 1: Feeding Basics for Every Child and Caregiver

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Self-Feeding Basics

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