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## Facts about child hunger in America

- More than 9 million children faced hunger in 2021. That's 1 in 8 kids at risk for hunger.
- **Black** and **Latino** children are more likely to face hunger than white children because of systemic racial injustice. According to the **USDA**, in 2021, 22% of Black children were food insecure, and 18.5% of Latino children were food insecure.
- Single-parent families are more likely to face hunger because they need to stretch their income further. In 2021, 24% of households headed by single moms were food insecure.

## What happens when a child faces hunger?

Kids who don't get enough to eat — especially during their first three years — begin life at a serious disadvantage. Children facing hunger are more likely to be hospitalized and they face higher risks of health conditions like anemia and asthma. And as they grow up, kids who missed meals are more likely to have problems in school and other social situations.

Children facing hunger may struggle in school — and beyond. They are more likely to:





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# You help us keep children healthy every single day

The Feeding America network serves more than 12 million children in America. In addition to accessing food through traditional food pantries, the Feeding America network also offers **specialized programs** to help kids get the food they need when they need it most.

On Weekends		After School	During Summers		At Home	
BackPack Program		Kids Cafe®	Summer Food Service Programs		School Pantry Program	SNAP® Application Assistance Program

[Learn more about important programs that are helping families in need >](#)



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HUNGER IN AMERICA



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