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ZERO TO THREE
Early connections last a lifetime

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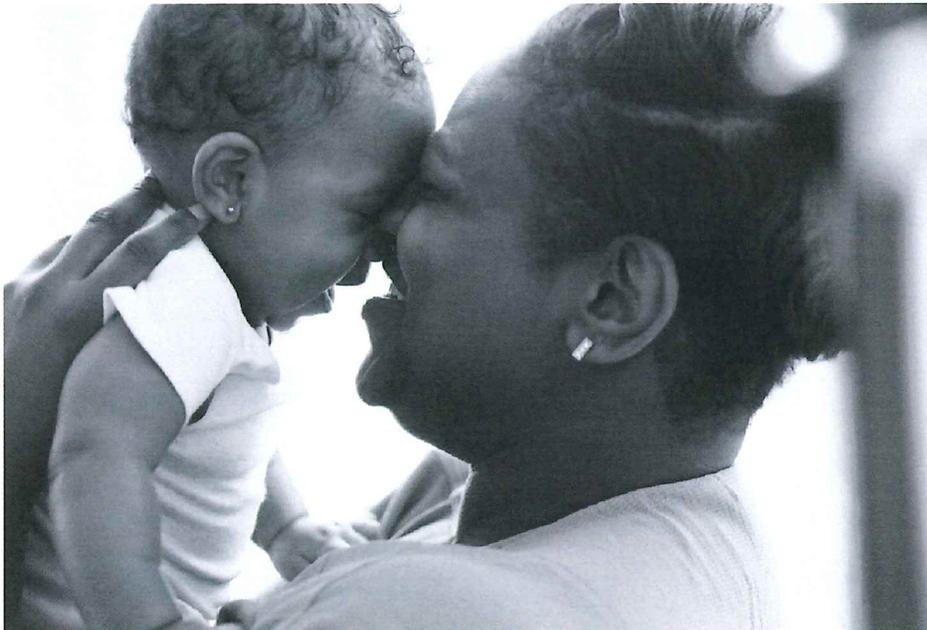
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Brain Wonders: Nurturing Healthy Brain Development from Birth

Early Development (https://www.zerotothree.org/issue_area/early-development/?post-type=resource)

February 16, 2016

Learn what you can do in everyday moments to help your baby develop healthy brain connections.



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Connections: Magic of Everyday Moments — Series 1. **No**

A robust body of research has confirmed what parents have always known by instinct: that magic in everyday moments – showing affection, comforting, and playing with children – helps build strong healthy brains.

The first three years of a child's life are uniquely important because this is the most sensitive period for brain development. The experiences a child has during this time will shape the architecture of her brain and build the connections that allow her to develop lifelong skills like problem-solving, communication, self-control, and relationship building, that will allow her to survive and thrive within her family, community, and culture.

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