

Credential AREA: Early Childhood Credential (Level 5)
TOPIC: HSW Domain-Specific Assessment Example
Child Health & Program Profile

I. Assessment Competency & Standards Alignment

Gateways Competencies Assessed	Competency Alignment			
	NAEYC Standards (Draft 2020)	NAEYC Competencies (Draft 2020)	IPTS (2013)	InTASC (2019)
ECE HSW1: Articulates components of a safe and healthy environment	6b	6b-LVL1-3-4	4G	3(k)
ECE HSW2: Maintains a safe & healthy environment	1d, 6b	1d-LVL1-2, 6b-LVL1-3	4I	3(k)
ECE HSW3: Creates a healthy and safe environment	1d, 6b	1d-LVL2-2, 6b-LVL1-3	4I, 4K, 4M, 4P	3(b), 3(d), 3(e), 3(i), 3(k)
ECE HSW4: Assesses healthy and safe early childhood environments	-----	-----	4E, 4L	-----
ECE HSW5: Designs and implements learning opportunities emphasizing healthy bodies, healthy lifestyles, and a healthy environment	1d	1d-LVL2-2	2K, 2M, 2N	1(g), 4(a), 5(b)
ECE HSW6: Collaborates with families and community organizations to support children’s healthy development and learning	2b	2b-LVL2-4	8K, 8L, 8T, 9L, 9N	1(c), 3(a), 3(c), 10(a), 10(c), 10(e), 10(m), 10(q)
HSW7: Identifies plans and procedures that support healthy and safe early childhood program practices	1d	1d-LVL3-2	5S, 9B, 9C, 9R	6(k), 7(k), 9(j), 9(o)
HSW8: Develops and implements policies, methods, plans, and guidelines reflective of healthy and safe program practices	1d	1d-LLV3-2	4I, 4J, 4K, 9I, 9J, 9Q, 9R	1(c), 3(a), 3(b), 3(c), 3(f), 3(i), 3(k), 9(a), 9(d), 9(f), 10(d), 10(g), 10(i), 10(j), 10(k), 10(q)

II. Assessment Task Description/ Directions

This assessment requires that you conduct a family interview designed to gain information about a child's health. You will also be developing a profile of an early childhood program related to their health, safety, and nutrition practices. Following completion of these activities, you will reflect and analyze implications for early childhood classrooms and practitioners. The goal of your assessment is to

determine competencies in identifying components of a safe and healthy environment, and maintaining basic health, safety, and nutritional practices to create a healthy and safe environment.

This assessment has three parts. In Part 1, you will interview a family member of a young child to complete a Child Health Assessment. In Part 2, you will interview an ECE administrator of a licensed school/ program/ center to develop an ECE Program Health, Safety, and Nutrition Profile. Part 3 requires that you analyze the data collected in parts one and two and process classroom/ practitioner implications.

Part 1: Family Interview Child Health Assessment

Before you start on the Child Health Assessment, you should:

- Study the attached Child Health Assessment attached to prepare for your interview
- Select a child between the ages of birth and eight. This child can be a family friend, a niece or nephew, a neighbor, or a child in your early childhood classroom environment. However, the child cannot be your own child.
- Arrange a time to interview the child's parent or a close family member. Try to conduct the interview in the child's home so that you can form a very brief snapshot of the child's environment. Your interview is likely to last approximately one hour.

During the Interview:

- Use the "Child Health Assessment" below to gather your data
- Let the parent help you assign an alias name for the child so that he/ she can be reassured that the child's identity will be protected

Technology Option:
- Video/ audio options

Post Family Interview Reflection:

- Summarize your interview
- This summary should include the following:
 - Your overall assessment of this child's health
 - Strengths you feel exist within the child's environment that support his/ her present and long-term health
 - Risk factors you feel exist within the child's environment that may impact his/ her present and long-term health
 - Suggestions you have to support the child's present and long-term health in the future
 - Learning opportunities for the child and family that would be culturally responsive and would support knowledge and skills in the areas of health, safety, and nutrition
 - Strategies you would use to collaborate with this family in the future to support their child's health, safety and nutritional needs
 - Community organizations and health personnel that you feel would be beneficial resources for this family
 - Based on what you learned from this interview, how will you collect and use individual child health and nutrition information as a practitioner?

Part 2: ECE Program Health and Safety Profile

This part of the assessment requires that you develop a health and safety profile of an early childhood program that serves children between the ages of birth and five. The program you choose must be licensed by the Department of Children and Family Services. To gather this data, you will interview a director/ assistant director from this setting.

Before Your Interview:

- Locate and study the licensing standards for day care centers (e.g. in 2019, and in Illinois, this would be Subpart G: Health and Hygiene from the Illinois Department of Children and Family Services (2010, December 15), *Licensing standards for day care centers*. Available from <http://www.state.il.us/dcfs/docs/407.pdf>) If not there, please search for the most recent version.
- Arrange to interview the director or assistant director from your selected licensed childcare program that serves children between the ages of birth and five. You may wish to interview additional people within the program to determine their knowledge of the policies and practices discussed. Your interview is likely to last approximately one hour.

During the Interview:

- To complete this assignment, use the “Program Health and Safety Profile” below to gather your data as you conduct the interview.
- In addition to gathering data with the form, please respond to the questions below.
- Finally, obtain copies of this site’s policies as artifacts to refer to in your post-reflection

Technology Option:
- Video/audio options

Health and Nutrition

- What regular policies and practices are used within the environment to control the spread of infectious diseases?
- What kind of record-keeping systems do you use to track immunizations and health checks?
- What strategies does the program use on a regular basis to manage children’s communicable and acute illness?
- How are the documentation and distribution of medicines and medical treatment managed?
- What strategies are used to adhere to state and local regulations for food preparation and handling?
- What daily routines and activities do you practice supporting opportunities for children, families and staff to practice safe and healthy behaviors?

Safety

- What strategies within the program support knowledge of and appropriate implementation for emergency medical and first aid procedures?
- How do you ensure that a safe and risk-free environment is maintained, indoors and outdoors?
- How are the safety strategies communicated to staff?
- How effectively do you feel these safety strategies are implemented?
- What policies and practices does the program have regarding the prevention, identification, and reporting of child abuse and neglect?

Community Collaboration

- What community organizations does the program currently coordinate with in support of health, safety, and nutrition?
- How does this program engage with families related to health, safety, and nutrition? In what ways are families engaged in the collaborative process?
- What role do health personnel have in this collaboration?

Post-Interview Reflection:

- Write an interview summary/ reflection, including examples from your interview, that includes the following points:
- Your overview of the program’s specific strengths in terms of implementation of basic health, safety, and nutritional practices. Be sure to include commentary regarding the following:
 - Instructions and required documentation for administration of different medicines and approved medical treatments,
 - State and local regulations for meal preparation,
 - Maintaining a healthy, safe and risk-free environment
 - Record keeping
 - Reporting child abuse and neglect
 - Community collaboration and family engagement in collaboration
- Provide an overview of the program’s specific challenges in each of the above areas
- Describe how the environment you observed compares to licensing standards provided through the Department of Children and Family Services
- Explain how children, families, and staff are supported in practicing safe and healthy behaviors through culturally responsive daily routines and activities
- Include additional information that would have been beneficial for you to make a full assessment of health and safety factors within the program

Part 3: Classroom/Practitioner Implications

- Based on your Center Interview, respond to the following prompt: What is your overall assessment of the program in terms of their implementation of basic health, safety, and nutritional practices? Be sure to include commentary regarding the following:
 - Instructions and required documentation for administration of different medicines and approved medical treatments,
 - State and local regulations for meal preparation,
 - Maintaining a healthy, safe and risk-free environment
 - Record keeping
 - Reporting child abuse and neglect
 - What opportunities would you develop for children and staff to practice safe and healthy behaviors through daily routines and activities?

Technology Option:
- Video/audio options

- Imagine that you are placed in a position as the new director of the early childhood program you observed within. Based on your observational data and knowledge you have gained regarding health, safety, and nutrition, please respond to the following:
 - What suggestions would you make for creating an environment that is safe and free from physical dangers and potential hazards? Be sure to provide a rationale for suggestions. If no suggestions are indicated, please include an overview of why these are not warranted.
 - What policies, methods, and guidelines would you suggest ensuring that the program is in alignment with quality standards? Be sure to provide a rationale for suggestions. If no suggestions are indicated, please include an overview of why these are not warranted.

Technology Option:
 - Interactive options
 - Collaboration options

III. Assessment Rubric

ECE Health, Safety & Wellness Master Rubric			
Competency	Competent		Unable to Assess
	Checklist Criteria		
HSW1: Articulates components of a safe and healthy environment NAEYC: 6b (6b-LVL1-3-4) IPTS: 4G InTASC: 3(k)	At the classroom level...		
		signs of abuse and neglect	
		ways of documenting abuse and neglect	
		steps in reporting abuse and neglect	
		maintenance of a safe and risk-free indoor environment for children in which hazards are identified, risks assessed, and threats responded to with appropriate corrective action	
		food preparation, and handling procedures	
		emergency medical and first aid procedures	
		ongoing wellness (providing instructions and required documentation for administration of different medicines and approved medical treatments and health appraisals)	
		contagious disease prevention	
		contagious disease procedures	
		nutritional practices	
		record keeping related to health and safety (risk analysis documentation, accident reports, etc.)	
		standards & regulations related to health & safety	
Competency	Competent		

	Checklist Criteria		Unable to Assess
HSW2: Maintains a safe & healthy environment NAEYC: 1d, 6b (1d-LVL1-2, 6b-LVL1-3) IPTS: 4I InTASC: 3(k)	At the classroom level...		
		documents abuse and neglect	
		follows steps in reporting abuse and neglect	
		maintains a safe and risk-free indoor environment for children in which hazards are identified, risks assessed, and threats responded to with appropriate corrective action	
		follows food preparation, and handling procedures	
		follows emergency medical and first aid procedures	
		follows ongoing wellness procedures (providing instructions and required documentation for administration of different medicines and approved medical treatments and health appraisals)	
		follows contagious disease prevention procedures	
		follows contagious disease procedures	
		maintains healthy nutritional practices	
		follows record keeping expectations related to health and safety (risk analysis documentation, accident reports, etc.)	
		follows standards & regulations related to health & safety	
Competency	Competent		Unable to Assess
	Checklist Criteria		
HSW3: Creates a healthy and safe environment NAEYC: 1d, 6b (1d-LVL1-2, 6b-LVL1-3) IPTS: 4I, 4K, 4M, 4P InTASC: 3(b), 3(d), 3(e), 3(i), 3(k)	At the classroom level...designs & implements procedures which reflect regulations and standards related to...		
		child abuse and neglect procedures	
		safe and risk-free indoor environment for children in which hazards are identified, risks assessed, and threats responded to with appropriate corrective action	
		safe and risk-free outdoor environment for children in which hazards are identified, risks assessed, and threats responded to with appropriate corrective action	
		food preparation, and handling procedures	
		emergency medical and first aid procedures	
		ongoing wellness procedures (providing instructions and required documentation for administration of different medicines and approved medical treatments and health appraisals)	
		contagious disease prevention procedures	
		contagious disease procedures	
		healthy nutritional practices	
		record keeping expectations (risk analysis documentation, accident reports, etc.)	

Competency	Competent				Unable to Assess
	Checklist Criteria				
HSW4: Assesses healthy and safe early childhood environments NAEYC: ----- IPTS: 4E, 4L InTASC: -----	At the classroom level...consistently assesses (hazards are identified, risks assessed, and threats responded to with appropriate corrective action) classroom practices related to...				
		child abuse and neglect procedures			
		safe and risk-free indoor environment			
		safe and risk-free outdoor environment			
		safe and risk-free outdoor environment			
		food preparation, and handling procedures			
		emergency medical and first aid procedures			
		ongoing wellness procedures (providing instructions and required documentation for administration of different medicines and approved medical treatments and health appraisals)			
		contagious disease prevention procedures			
		contagious disease procedures			
		healthy nutritional practices			
		record keeping expectations (risk analysis documentation, accident reports, etc.)			
Competency	Distinguished	Competent	Developing	Unacceptable	Unable to Assess
HSW5: Designs and implements learning opportunities emphasizing healthy bodies, healthy lifestyles, and a healthy environment NAEYC: 1d (1d-LVL2-2) IPTS: 2K, 2M, 2N InTASC: 1(g), 4(a), 5(b)	<p>Creates, implements and advocates for activities for children that are culturally appropriate and provide children opportunities to make healthy, safe and nutritious choices.</p> <p>Learning opportunities emphasize healthy bodies, healthy lifestyles, and a healthy environment.</p> <p>Families are engaged in</p>	<p>Creates and implements activities for children that are culturally appropriate and provide children opportunities to make healthy, safe and nutritious choices.</p> <p>Learning opportunities emphasize healthy bodies, healthy lifestyles, and a healthy environment.</p> <p>Families are engaged in activities as</p>	<p>Creates and implements activities for children that provide children opportunities to make healthy, safe and nutritious choices.</p> <p>Learning opportunities emphasize healthy bodies, healthy lifestyles, and a healthy environment.</p>	<p>Creates and implements activities for children that do not support children in making healthy, safe and nutritious choices.</p> <p>Learning opportunities do not emphasize healthy bodies, healthy lifestyles, and a healthy environment.</p>	

	activities as appropriate.	appropriate.			
Competency	Distinguished	Competent	Developing	Unacceptable	Unable to Assess
HSW6: Collaborates with families and community organizations to support children’s healthy development and learning NAEYC: 2b (2b-LVL2-4) IPTS: 8K, 8L, 8T, 9L, 9N InTASC: 1(c), 3(a), 3(c), 10(a), 10(c), 10(e), 10(m), 10(q)	Identifies, implements and advocates for strategies, including use of community resources, that promote collaboration with families and community organizations (including health personnel) to support each child’s healthy development and learning	Identifies and implements strategies, including use of community resources, that promote collaboration with families and community organizations (including health personnel) to support each child’s healthy development and learning	Identifies and implements strategies that promote collaboration with families and community organizations	Identifies and implements strategies that do not promote collaboration with families and community organizations	
Competency	Competent				Unable to Assess
	Checklist Criteria				
HSW7: Identifies plans and procedures that support healthy and safe early childhood program practices NAEYC: 1d (1d-LVL3-2) IPTS: 5S, 9B, 9C, 9R InTASC: 6(k), 7(k), 9(j), 9(o)	Describes ethical program level plans and procedures that reflect standards and regulations related to...				
		signs of abuse and neglect			
		ways of documenting abuse and neglect			
		steps in reporting abuse and neglect			
		maintenance of a safe and risk-free indoor environment for children in which hazards are identified, risks assessed, and threats responded to with appropriate corrective action			
		maintenance of a safe and risk-free outdoor environment for children in which hazards are identified, risks assessed, and threats responded to with appropriate corrective action			
		food preparation, and handling			
		emergency medical and first aid			
		ongoing wellness (providing instructions and required documentation for administration of different medicines and approved medical treatments and health appraisals)			
		contagious disease prevention			
		contagious disease procedures			
	nutritional practices				

		record keeping related to health and safety (risk analysis documentation, accident reports, etc.)	
Competency	Competent		Unable to Assess
	Checklist Criteria		
HSW8: Develops and implements policies, methods, plans, and guidelines reflective of healthy and safe program practices NAEYC: 6b (6b-LVL1-3-4) IPTS: 4I, 4J, 4K, 9I, 9J, 9Q, 9R InTASC: 1(c), 3(a), 3(b), 3(c), 3(f), 3(i), 3(k), 9(a), 9(d), 9(f), 10(d), 10(g), 10(i), 10(j), 10(k), 10(q)	Develops and implements ethical program level practices that reflect standards and regulations related to...		
		ways of documenting abuse and neglect	
		steps in reporting abuse and neglect	
		maintenance of a safe and risk-free indoor environment for children in which hazards are identified, risks assessed, and threats responded to with appropriate corrective action	
		maintenance of a safe and risk-free outdoor environment for children in which hazards are identified, risks assessed, and threats responded to with appropriate corrective action	
		food preparation, and handling	
		emergency medical and first aid	
		ongoing wellness (providing instructions and required documentation for administration of different medicines and approved medical treatments and health appraisals)	
		contagious disease prevention	
		contagious disease procedures	
	nutritional practices		
	record keeping related to health and safety (risk analysis documentation, accident reports, etc.)		

Yellow = Level 2 Green = Level 3 Orange = Level 4 Blue = Level 5

IV. Data Collection & Analysis Tool

Competency & Standards Alignment					Cumulative Assessment Data				
Competency	NAEYC Stand. (Draft 2020)	NAEYC Comp. (Draft 2020)	IPTS (2013)	InTASC (2019)	Distinguished	Proficient	Needs Improvement	Unsatisfactory	Unable to Assess
ECE HSW1: Articulates components of a safe and healthy environment	6b	6b-LVL1-3-4	4G	3(k)					
ECE HSW2: Maintains a safe & healthy environment	1d, 6b	1d-LVL1-2, 6b-LVL1-3	4I	3(k)					
ECE HSW3: Creates a healthy and safe environment	1d, 6b	1d-LVL2-2,	4I, 4K,	3(b), 3(d), 3(e), 3(i), 3(k)					

		6b-LVL1-3	4M, 4P						
ECE HSW4: Assesses healthy and safe early childhood environments	-----	-----	4E, 4L	-----					
ECE HSW5: Designs and implements learning opportunities emphasizing healthy bodies, healthy lifestyles, and a healthy environment	1d	1d-LVL2-2	2K, 2M, 2N	1(g), 4(a), 5(b)					
ECE HSW6: Collaborates with families and community organizations to support children’s healthy development and learning	2b	2b-LVL2-4	8K, 8L, 8T, 9L, 9N	1(c), 3(a), 3(c), 10(a), 10(c), 10(e), 10(m), 10(q)					
HSW7: Identifies plans and procedures that support healthy and safe early childhood program practices	1d	1d-LVL3-2	5S, 9B, 9C, 9R	6(k), 7(k), 9(j), 9(o)					
HSW8: Develops and implements policies, methods, plans, and guidelines reflective of healthy and safe program practices	1d	1d-LLV3-2	4I, 4J, 4K, 9I, 9J, 9Q, 9R	1(c), 3(a), 3(b), 3(c), 3(f), 3(i), 3(k), 9(a), 9(d), 9(f), 10(d), 10(g), 10(i), 10(j), 10(k), 10(q)					

CHILD HEALTH ASSESSMENT

Child's name _____ Birth Date _____

Parent/Guardian names _____ Date Completed _____

HEALTH HISTORY

Age of child			
Were there any complications during the pregnancy?	Y	N	
If yes, what were they?			
Were there any difficulties during labor or delivery?	Y	N	
If yes, what were they?			
Did your child have any special conditions at birth? (prematurity, jaundice, medical diagnosis, etc.)	Y	N	
If yes, what were they?			
Has your child had any illness with a high fever? (104 longer than 2 days)	Y	N	
Has your child had a serious illness or injury?	Y	N	
If yes, please explain			
Has your child been screened for vision problems?	Y	N	Result
Has your child been screened for hearing problems?	Y	N	Result
Has your child been screened for lead level?	Y	N	Result

CURRENT HEALTH

Does your child get regular medical checkups?	Y	N
By whom?		
Have there been any concerns raised?	Y	N
If so, please explain		
Does your child have a current or chronic medical condition?	Y	N
If so, please explain		
Does your child take medication regularly?	Y	N
Why and what is it?		
Does your child have any allergies?	Y	N
If so, what are they?		
What strategies are used to protect the child from communicable illnesses?		
Is the child fully immunized?	Y	N

GENERAL DEVELOPMENT

Has your child received a Developmental Screening? (ex. ASQ or Denver Developmental)	Y	N
If so, what if any, concerns were raised?		
Is your healthcare provider ok with your child's height and weight?	Y	N
Do you or someone else have any concerns about general growth and development?	Y	N
If so, what are they?		
Do you or someone else have any concerns about your child's behavior?	Y	N

If so, what are they?
What things can your child do very well?
What things are challenging for your child?

DENTAL HEALTH

Does your child see a dentist regularly?	Y	N
Does anything appear abnormal on the child's teeth or gums? (swelling, redness, apparent decay)	Y	N
Is brushing part of your child's daily routine?	Y	N
Does your child fall asleep with a bottle in his/her mouth?	Y	N

NUTRITION

Is your child on a special diet?	Y	N
If so, describe the diet.		
Does your child have any diet-related health problems? Diabetes allergies other	Y	N
If so, what are they?		
Does your child eat things not usually considered food e.g. paste, dirt paper?	Y	N
What is eaten?		
What are some of your child's favorite foods?		

What food does your child dislike?				
How much water does your child normally drink throughout the day?				
Is your child taking a vitamin or mineral supplement?			Y	N
Please list what your child eats or drinks on a typical day.				
TIME	PLACE	FOOD	AMOUNT	

SLEEP

Does your child have regular nap and bed times?			Y	N
How many hours does your child sleep per day?				
Describe any concerns you have about your child's sleep.				

SAFETY

Does your child ride in an approved car seat?	Y	N
Is a helmet used for skating or biking?	Y	N

Health and Safety Checklist

Three and Older

Date Completed:

	Yes	No	Not Observed
A. Food Preparation			
1. Hands are washed before food is prepared			
2. Raw meat and fish handled appropriately			
3. Pot handles turned to back of stove*			
B. Environment			
1. Safety caps on electrical sockets*			
2. Electrical cords are inaccessible or secured*			
3. No peeling or chipped paint in area children have access to			
4. Smoke detectors or sprinklers installed (see Rule in Section 406.8a.4 of Licensing Procedures for specific locations)			
5. Rotary fan is child-safe (blades protected)			
6. No protruding nails on furniture or boards			
7. Dangerous substances are locked away or out of reach (e.g., medicines, cleaning supplies, garden sprays, matches) *			
8. Toys and objects small enough to be swallowed kept away from children			

9. Children are not left in play pens, swings, jumpers, strollers or other restraints for more than half of the observation period			
10. Area used for child care has enough light to read by			
11. Temperature in area used for child care is comfortable (e.g., see Rule in IL DCFS: Section 406.8a.7 of Licensing Procedures for specific temperatures)			
12. Some fresh air in the area used for child care			
13. Good space for resting (setting is quiet)			
14. Quiet area for sick children available and can be easily supervised			
15. Radiators and pipes covered			
C. Routines			
1. Caregiver washes hands with soap and water after each diapering, when helping children with toileting, or when handling soiled clothing			
2. Diapers/soiled clothing are checked and changed as needed (observe at least one checking during observation period, no prolonged odor)			
3. Children's hands are washed after using the toilet or after diaper change			
4. Accessible place for children to wash hands (e.g., steps or stool near sink)			
5. Extra clothes available to change children			
6. Feeding is appropriate: cereal fed with spoon, sandwiches and finger food in small pieces			
7. Children are not left unattended on changing tables			
D. Outdoor Play			
1. Covered sandbox			
2. Soft surface under swings (e.g., grass or dirt) *			
3. Helmets worn when riding two-wheelers or scooters *			

4. No protruding nails on outdoor play equipment			
5. Outdoor play area free of animal feces or broken glass			

**The Institute for a Child Care Continuum, Bank Street College of Education and Mathematica Policy Research, Inc.
Checklist modified to meet minimum Illinois DCFS licensing standards where appropriate.**